

# Be Wonderful and Wise

## Teacher's Notes

### Video: [Be Wonderful and Wise](#)

1. Divide the class into two groups, A and B. Tell them that they are going to watch a video. Group A should note down all the food they see, while Group B notes down all the vocabulary related to cooking they hear.
2. Play the video once and give the groups time to compare with other members of the same group. Then play the video again. This time Group A notes down cooking vocabulary and Group B notes down the food they see.
3. Make new pairs composed of an A and a B and give them a few minutes to compare and come up with their definitive list. Whole class feedback on the food.
4. Now display the text (on page 2). Alternatively, dictate it.
5. How many of the cooking words did they get? Help with vocabulary, and explore e.g. What food do you chop / blanch etc ? Which part of the cooker do you use to roast? What's the difference between roasting and baking? Which piece of kitchen equipment do you use to blend? If you whip a meal up, how do you prepare it? e.t.c.
6. Students talk in groups: which of the verbs have they done in the kitchen? What would they whip up if they arrived home hungry?
7. Tell students that several of the words in the song have more than one meaning. Give them the handout on page 3 and ask them to express the highlighted parts in their own words. After feedback, give them five minutes to try to use as many of the words and phrases as they can in a conversation with a partner. (e.g. Have they ever fixed a friend up on a date / cooked up a story? Other ways of dicing with death? Can they remember an advertising campaign designed to whip up interest in a film / book / product? e.t.c.)
8. Finally, divide the class into two groups and tell them to practise the song. They perform for the rest of the class with the video playing (sound off or very low) and vote on the best rendition.

Chop, chop, chop, chop, chopping  
Dice, dice, dice, dice, dicing  
Peel, peel, peel, peel, peeling  
We're cooking up a rainbow today

Blend, blend, blend, blend, blending  
Mash, mash, mash, mash, mashing  
Roast, blanch, bash, braise, burning  
We're cooking up a rainbow today

Chop, chop, chop, chop, chopping  
We're knocking up, fixing up,  
whipping up  
We're cooking up a rainbow today

If a foreigner who was moving to your country asked you for advice about **blending in** with the locals, what would you tell them?

She **cooked up** some story about the dog eating her homework to explain why she hadn't done it.

You're **dicing with death** if you ride your bike without a helmet in this city!

Money **burns a hole in my pocket**. As soon as I have it, I spend it.

Don't forget your sunscreen - it's **roasting** today - and you don't want to get burnt.

The advertising agency designed a provocative campaign to **whip up interest** in the film.

Have you heard? Another thousand workers are going to **get the chop**.

Stop trying to **fix me up with your brother**. He's not my type!